Video Calls
While you are at home, your friends and family may want to talk to you on video calls.
It may feel strange to video call at first. If you feel nervous or don’t want to talk, that’s ok. You may want to join in later.
Before the call starts, it is important to get dressed and think about what is around you. Other people on the call will be able to see you and anyone else near the camera.
When the call starts, make sure your mic is on so people can hear you. You can start the video call by saying “hello”.
If people talk at the same time on video calls it can be hard to hear. You can take turns speaking so that everyone can hear each other.
If your friend tells you something, make sure to respond before telling your friend what you want to say.
If no one is talking, you can ask questions like: “What are you doing tomorrow?” “What have you been doing this week?” or “What was the best thing about your day?”
When you are ready to go, you can say “I have to go! Talk to you later.” or “I am going to go. Have a nice day!”
Enjoy your video calls! They are a great way of catching up with family and friends.